

# Child & Adolescent Mental Health Certificate (CAMH-C)

Accredited by **Baqai Medical University**, provided by **CorTeach**.



# About Baqai Medical University



Within certain souls lies a fervent desire to uplift their surroundings.

Dr. F.U. Baqai and Dr. Zahida Baqai epitomize this ethos, driven by their profound commitment to healthcare and societal betterment. In the late sixties, they embarked on a journey, choosing medicine as their medium to serve humanity. With grace and determination, they established a private hospital complex in Nazimabad, marking the inception of a legacy. Today, their noble endeavor continues to inspire, shaping the future of healthcare and social service.

## **i** About the programme

This Certificate Program offers participants the opportunity to increase their diagnostic and treatment skills particular to the needs of children and adolescents. This Certificate Program enhances participants' diagnostic and treatment skills for children and adolescents. It focuses on development, psychiatric disorders, risk factors, symptom identification, family dynamics, and prevention strategies.

A multimedia-rich online component is an integral part of the course. Both synchronous and asynchronous learning tools are utilized to teach, collaborate, and support participants during the whole course.

## **?** Who is the programme aimed at?

This Certificate program is aimed at health Professionals (primary care and specialty physicians e.g., General Practitioners, Psychiatrists, Pediatricians, Psychologists and related mental health practitioners); Psychologists, school teachers and allied health professionals; Medical and Psychology Students.

It may also be of particular interest for Education professionals (Mainstream school teachers, Special school teachers, special needs assistants etc.) currently working with child or adolescent populations, who are looking for an opportunity to enhance their understanding of child mental health issues and interventions.

## **?** How will this programme be delivered?

This part-time interactive programme will be provided through a delivery model which blends self-directed learning with tutor-led team based learning. Throughout the course, students will engage in:

- Fortnightly online synchronous tutorials
- Stimulating weekly activities
- Tutor-moderated discussion forums
- Reflective exercises
- Practical application of teaching and learning in their clinical or academic environment

## **i** Graduates of this programme will:

- Distinguish behaviors that are part of normal development from those that are different from normal development.
- Explain principles of assessment, diagnosis and treatment of patients of all ages and their families presenting to child psychiatric services.
- Identify the common signs of mental health problems in children.
- Discuss the relationship between physical, cognitive, emotional, social and developmental factors that contribute to emotional and behavioral difficulties or more serious mental illness.



# What will you study?

Module	Learning Objectives
<b>Understanding children and young people Mental Health</b>	<ul style="list-style-type: none"> <li>• Explain the key factors that influence the mental health and well-being of children and adolescents.</li> <li>• Identify the signs and symptoms of common mental health challenges in children and young people, and differentiate between typical developmental behaviors and potential mental health concerns.</li> </ul>
<b>Neuro-developmental Disorders</b>	<ul style="list-style-type: none"> <li>• Describe the diagnostic criteria, characteristics, and impact of neurodevelopmental disorders such as Autism Spectrum Disorder (ASD) and Attention-Deficit/Hyperactivity Disorder (ADHD).</li> <li>• Analyze evidence-based strategies for supporting children and adolescents with neurodevelopmental disorders in educational, familial, and social contexts.</li> </ul>
<b>Emotional &amp; Mood Disorders</b>	<ul style="list-style-type: none"> <li>• Recognize the symptoms, risk factors, and diagnostic criteria for emotional and mood disorders in children and adolescents.</li> <li>• Evaluate the role of family, school, and community environments in the development and management of emotional and mood disorders.</li> </ul>
<b>Somatic symptoms, Obsessive Compulsive Disorders, Tic disorder &amp; Behavior Problems</b>	<ul style="list-style-type: none"> <li>• Differentiate between somatic symptom disorders, obsessive-compulsive disorder (OCD), tic disorders, and behavioral problems, and explain their impact on daily functioning.</li> <li>• Develop strategies for early identification and intervention for children and adolescents experiencing somatic symptoms, OCD, tic disorders, or behavioral challenges.</li> </ul>
<b>Miscellaneous Disorders</b>	<ul style="list-style-type: none"> <li>• Identify less common but significant mental health disorders in children and adolescents, such as eating disorders, trauma-related disorders, and psychotic disorders.</li> <li>• Discuss the importance of culturally sensitive and individualized approaches to assessment and treatment for miscellaneous mental health disorders.</li> </ul>
<b>Child Mental health Treatments and Emergencies</b>	<ul style="list-style-type: none"> <li>• Compare evidence-based treatment modalities for child and adolescent mental health disorders.</li> <li>• Recognize and respond to mental health emergencies in children and adolescents using appropriate crisis intervention techniques.</li> </ul>

## Course Plan:

- Postgraduate Certificate for **6 months**
- **Two sessions** planned every month on alternative Saturdays
- Timings are 03:00 - 5:00 pm (GMT +5)

## Programme Entry Requirements:

### Applicants must:

- Have completed their undergraduate education in healthcare (MBBS).
- Have an interest or background in child and adolescent mental health.



## Program Costs

**Pakistan:** PKR. 65,000/-  
**International:** USD 450/-



Register your interest at

[www.corteach.com/static/camh-c.html](http://www.corteach.com/static/camh-c.html)

# Meet Our Faculty

## Course Director

### Prof. Dr. Nazish Imran

MBBS; FRCPsych, MRCPsych, MHPE, PhD. Professor, Department of Child and Family Psychiatry, King Edward Medical University/ Mayo Hospital, Lahore, Pakistan

### Prof. Dr. Muhammad Waqar Azoom

MD, DFAACAP, DFAPA Professor & Chair, Dept of Psychiatry, Sidra Medicine, Weill Cornell Medical College, Doha, Qatar.

### Dr. Tania Nadeem

MD, MOABPN, Gonoral, Child and Adolescent Psychiatrist, Clinical Associate Professor Department of Psychiatry Aga Khan University Hospital

### Dr. Salma Malik

MD, MS, DFAACAP, DFAPA, Program Director, Child & Adolescent Psychiatry Fellowship, Instit of Living/Hartford Healthcare, Assistant Professor of Psychiatry

### Dr Sadia Mohammed

Consultant Child & Adolescent Psychiatrist  
NHS Greater Glasgow & Clyde

### Dr. Ahsan Nazoor

MD, DFACAPP Division Chief Child and Adolescent Psychiatry, Sidra Medicine Associate Clinical Professor Weill Cornell Medical College, Doha, Qatar.

### Dr Nighat Nadeem

MRCPsych (UK), MBBS and BMedSci (QMUL) DCH (Royal College of Paediatrics and Child Health, UK), Mastors in International Child Studies (King's College, London) Child and Adolescent Psychiatrist and Honorary Clinical Locturor London

### Dr Zheala Qayyum

MD MMSC Training Director/Child & Adolescent Psychiatry Fellowship Medi Director/Emergency Psychiatric Services Boston Children's Hosp Instructor of Psychiatry, Harvard Medical School.

### Dr Syed Abdullah

Consultant Child and Adolescent Psychiatrist  
UK

### Dr. Sadiq Naveed

MD; MPH, DFACAAP Associate Professor of Psychiatry, Lead inpatient Child & Adolescent Psychiatrist. Institute of Living/Hartford Healthcare, University of Connecticut, USA.

### Dr. Qurrat Ul Ain Hamdan

MBBS; FCPS Psych Gold Medalist (Pak); OJT Forward Thinking Birmingham (UK) Consultant Psychiatrist

### Dr. Aisha Sanober Chachar

FCPS(Psychiatry), Clinical Fellowship in Child & Adolescent Psychiatry (AKU)  
Consultant Child & Adolescent Psychiatrist, Karachi, Pakistan

### Dr Muhammad Imran Sharif

MBBS, FCPS (Psych)  
Speciality Doctor  
Northamptonshire Healthcare NHS Foundation Trust, UK

### Dr. Muhammad Zeshan

MD, Child Psychiatry Fellowship (Harvard) Clinical Assistant Professor, Psychiatry Rutgers New Jersey Modical School Newark, NJ.

### Dr. Wamiq Ali

FCPS (Psychiatry), Fellowship in Child & Adolescent Psychiatry (AKU) Consultant Child & Adolescent Psychiatrist, Karachi, Pakistan.

## Who is CorTeach?

CorTeach is a leading education solutions provider, committed to innovation in teaching and learning. We offer online and blended courses, customized course development, AI chatbot, faculty training, and cutting-edge Learning Management System (LMS) solutions to transform educational experiences.

Our advisory services help institutions implement strategic, tech-driven advancements in education, ensuring impactful and future-ready learning environments.

Whether you're seeking to enhance professional development, optimize course delivery, or integrate innovative learning technologies, CorTeach empowers educators and organizations with tailored, forward-thinking solutions that redefine the future of education.

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It was a wonderful course with an honourable faculty. Not everyone is a good teacher but i really appreciate as the faculty, all of them taught us in a way that enlightened us on the topics covered especially Dr Nazish Imran. The knowledge and experience shared gave us confidence to implement it all in a better way. This course was really useful for me as i m already dealing with paediatric patients in terms of their mental health and now i feel better equipped than before. Thank you so much!

*Dr. Sadia Aslam*

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It was very beautiful experience of 6 months journey. learned a lot about child psychiatry different cases and different clock wise approach to deal with child. I am grateful to all teachers and their videos and most importantly madam they way she teach we learned a lot from her personally. My first experience of online course is undoubtedly excellent.

*Dr. Darshana Kumari*

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## Interested?



Get in contact today at  
[support@corteach.com](mailto:support@corteach.com)  
or visit  
[www.corteach.com](http://www.corteach.com)

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