

Child & Adolescent Mental Health Certificate (CAMH-C)

Accredited by **Baqai Medical University**, provided by **CorTeach**.



Baqai Medical University



CORTEACH

About Baqai Medical University



Within certain souls lies a fervent desire to uplift their surroundings.

Dr. F.U. Baqai and Dr. Zahida Baqai epitomize this ethos, driven by their profound commitment to healthcare and societal betterment. In the late sixties, they embarked on a journey, choosing medicine as their medium to serve humanity. With grace and determination, they established a private hospital complex in Nazimabad, marking the inception of a legacy. Today, their noble endeavor continues to inspire, shaping the future of healthcare and social service.

i About the programme

This Certificate Program offers participants the opportunity to increase their diagnostic and treatment skills particular to the needs of children and adolescents. This Certificate Program enhances participants' diagnostic and treatment skills for children and adolescents. It focuses on development, psychiatric disorders, risk factors, symptom identification, family dynamics, and prevention strategies.

A multimedia-rich online component is an integral part of the course. Both synchronous and asynchronous learning tools are utilized to teach, collaborate, and support participants during the whole course.

? Who is the programme aimed at?

This Certificate program is aimed at health Professionals (primary care and specialty physicians e.g., General Practitioners, Psychiatrists, Pediatricians, Psychologists and related mental health practitioners); Psychologists, school teachers and allied health professionals; Medical and Psychology Students.

It may also be of particular interest for Education professionals (Mainstream school teachers, Special school teachers, special needs assistants etc.) currently working with child or adolescent populations, who are looking for an opportunity to enhance their understanding of child mental health issues and interventions.

? How will this programme be delivered?

This part-time interactive programme will be provided through a delivery model which blends self-directed learning with tutor-led team based learning.

Throughout the course, students will engage in:

- Fortnightly online synchronous tutorials
- Stimulating weekly activities
- Tutor-moderated discussion forums
- Reflective exercises
- Practical application of teaching and learning in their clinical or academic environment

i Graduates of this programme will:

- Distinguish behaviors that are part of normal development from those that are different from normal development.
- Explain principles of assessment, diagnosis and treatment of patients of all ages and their families presenting to child psychiatric services.
- Identify the common signs of mental health problems in children.
- Discuss the relationship between physical, cognitive, emotional, social and developmental factors that contribute to emotional and behavioral difficulties or more serious mental illness.



What will you study?

Module	Learning Objectives
Understanding children and young people Mental Health	<ul style="list-style-type: none"> Explain the key factors that influence the mental health and well-being of children and adolescents. Identify the signs and symptoms of common mental health challenges in children and young people, and differentiate between typical developmental behaviors and potential mental health concerns.
Neuro-developmental Disorders	<ul style="list-style-type: none"> Describe the diagnostic criteria, characteristics, and impact of neurodevelopmental disorders such as Autism Spectrum Disorder (ASD) and Attention-Deficit/Hyperactivity Disorder (ADHD). Analyze evidence-based strategies for supporting children and adolescents with neurodevelopmental disorders in educational, familial, and social contexts.
Emotional & Mood Disorders	<ul style="list-style-type: none"> Recognize the symptoms, risk factors, and diagnostic criteria for emotional and mood disorders in children and adolescents. Evaluate the role of family, school, and community environments in the development and management of emotional and mood disorders.
Somatic symptoms, Obsessive Compulsive Disorders, Tic disorder & Behavior Problems	<ul style="list-style-type: none"> Differentiate between somatic symptom disorders, obsessive-compulsive disorder (OCD), tic disorders, and behavioral problems, and explain their impact on daily functioning. Develop strategies for early identification and intervention for children and adolescents experiencing somatic symptoms, OCD, tic disorders, or behavioral challenges.
Miscellaneous Disorders	<ul style="list-style-type: none"> Identify less common but significant mental health disorders in children and adolescents, such as eating disorders, trauma-related disorders, and psychotic disorders. Discuss the importance of culturally sensitive and individualized approaches to assessment and treatment for miscellaneous mental health disorders.
Child Mental health Treatments and Emergencies	<ul style="list-style-type: none"> Compare evidence-based treatment modalities for child and adolescent mental health disorders. Recognize and respond to mental health emergencies in children and adolescents using appropriate crisis intervention techniques.



Course Plan:

- Postgraduate Certificate for **6 months**
- Two sessions** planned every month on alternative Saturdays
- Timings are 03:00 - 5:00 pm (GMT +5)



Programme Entry Requirements:

Applicants must:

Have completed MBBS or have a background in Psychiatry, Paediatrics, Psychology, Speech Therapy, or a related allied field, with a strong interest in Child and Adolescent Mental Health.



Register your interest at

<https://www.corteach.com/calender/camh-c/>

Program Costs

Pakistan Student:

- Consultants:
 - Option 1: One time fee: PKR 75,000 /
 - Option 2: Two instalments (PKR 40,000 each)

- Medical / Psychology Students, Residents, Psychologists, School teachers and Allied health professionals
 - Option 1: One time fee: PKR 60,000 /
 - Option 2: Two installments (PKR 33,000 each)

International Student:

Consultants: \$400 / participant
Residents: \$300 / participant

Meet Our Faculty



Course Director

Prof. Dr. Nazish Imran

MBBS; FRCPsych, MRCPsych, MHPE, PhD.

Professor, Chairperson, Department of Child and Family Psychiatry,
King Edward Medical University/ Mayo Hospital, Lahore, Pakistan



Prof. Dr. Muhammad Waqar Azeem

MD, DFAACAP, DFAPA

Professor & Chair, Dept of Psychiatry, Sidra Medicine,
Weill Cornell Medical College, Doha, Qatar.



Dr. Salma Malik

MD, MS, DFAACAP, DFAPA

Program Director, Child and Adolescent Psychiatry Fellowship
Institute of Living/Hartford Healthcare
Associate Professor of Psychiatry, University of Connecticut
School of Medicine
Associate Professor of Psychiatry, Frank H. Netter MD School of
Medicine at Quinnipiac University
Adjunct Academic appointment in Department of Psychiatry,
Weill Cornell Medical College



Dr. Ahsan Nazeer

MD, DFACAPP

Division Chief Child and Adolescent Psychiatry, Sidra Medicine
Associate Clinical Professor, Weill Cornell Medical College, Doha,
Qatar.



Dr Zheala Qayyum

MD MMSC

Training Director/Child & Adolescent Psychiatry Fellowship
Boston Children's Hospital
Assistant Professor of Psychiatry, Harvard Medical School.



Dr. Sadiq Naveed

MD; MPH, DFACAAAP Associate Professor of Psychiatry,
Lead inpatient Child & Adolescent Psychiatrist.

Institute of Living/Hartford Healthcare, University of Connecticut, USA.



Dr. Finza Latif

MD

Senior Attending Physician & Fellowship Program Director, Sidra Medicine
Assistant Professor of Psychiatry, Cornell-Qatar.



Dr. Muhammad Zeshan

MD, Child Psychiatry Fellowship (Harvard)

Clinical Assistant Professor, Psychiatry

Rutgers New Jersey Medical School Newark, NJ.

Meet Our Faculty

Dr. Tania Nadeem

MD, MOABPN, General, Child and Adolescent Psychiatrist,
Clinical Associate Professor Department of Psychiatry
Aga Khan University Hospital



Dr Nighat Jahan Nadeem

MRCPsych, MA, DCH, MBBS, BMedSci, PGCert
Consultant Child & Adolescent Psychiatrist, Wandsworth CAMHS
Lead Consultant for Research in CAMHS
Research Co-ordinator for CAMHS Trainees
South West London & St George's Mental Health NHS Trust
Honorary Clinical Lecturer, St George's University of London

Dr Sadia Mohammed
MBChB, MRCPsych
Consultant Child & Adolescent Psychiatrist
MBChB Examiner & Core/Higher Psychiatry Trainer
National Health Service (NHS), Scotland



Dr. Qurrat Ul Ain Hamdan

MBBS; FCPS Psych Gold Medalist (Pak); OJT Forward Thinking
Birmingham (UK)
Consultant Psychiatrist, Abu Dhabi

Dr Muhammad Imran Sharif
MBBS, FCPS (Psych)
Specialty Doctor
Northamptonshire Healthcare NHS Foundation Trust, UK



Dr Samiya Iqbal
FCPS (Psychiatry), Fellowship in Child & Adolescent Psychiatry
Senior Instructor, Psychiatry
The Aga Khan University, Karachi

Ms. Iqra Naz
Master's degree in clinical and counseling psychology; Level 2
Accreditation in Dialectical Behavior Therapy.
consultant clinical psychologist at Connections, Lecturer at
Beaconhouse National University.



Dr. Wamiq Ali
FCPS (Psychiatry), Fellowship in Child & Adolescent Psychiatry
(AKU) Consultant Child & Adolescent Psychiatrist, Karachi, Pakistan.

Dr. Aisha Sanober Chachar
FCPS(Psychiatry) , Clinical Fellowship in Child & Adolescent
Psychiatry (AKU)
Consultant Child & Adolescent Psychiatrist,
Karachi, Pakistan



Who is CorTeach?

CorTeach is a leading education solutions provider, committed to innovation in teaching and learning. We offer online and blended courses, customized course development, AI chatbot, faculty training, and cutting-edge Learning Management System (LMS) solutions to transform educational experiences.

Our advisory services help institutions implement strategic, tech-driven advancements in education, ensuring impactful and future-ready learning environments.

Whether you're seeking to enhance professional development, optimize course delivery, or integrate innovative learning technologies, CorTeach empowers educators and organizations with tailored, forward-thinking solutions that redefine the future of education.

Visit us at www.corTeach.com

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It was a wonderful course with an honourable faculty. Not everyone is a good teacher but I really appreciate as the faculty, all of them taught us in a way that enlightened us on the topics covered especially Dr. Nazish Imran. The knowledge and experience shared gave us confidence to implement it all in a better way. This course was really useful for me as I'm already dealing with paediatric patients in terms of their mental health and now I feel better equipped than before. Thank you so much!

Dr. Sadia Aslam

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It has been a great learning experience. I have gathered a lot of information regarding assessment and management of children and adolescents that I am applying in my daily practice. I have personally felt improvement in my dealing with children making diagnosis and treatment plans.

Dr. Kaynat Riaz

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Interested?



Get in contact today at
support@corTeach.com
or visit
www.corTeach.com



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